

> **OUR PROGRAM.**



- > **15 Contact Hours**
- > **One Weekend Seminar**
- > **Physical Therapist Trained**
- > **Advance Functional Skills**
- > **Includes OT/ST & CPO**
- > **AMTI Certification**

The Certified Restorative Nursing Assistant Program taught at the Arizona Medical Training Institute is for the Arizona Board of Nursing licensed CNA with a recommended six months of practical experience. The comprehensive program provides the content necessary for training nursing assistants to provide restorative care in long-term care facilities, as required by OBRA law. It enables the necessary training to advance the CNA to the restorative nursing assistant level.



CERTIFIED RESTORATIVE NURSE ASSISTANT

- > **Range of Motion**
- > **Splint or Brace Assistance**
- > **Bed Mobility & Transfers**
- > **Eating and Swallowing**
- > **Walking**
- > **Dressing or Grooming**
- > **Amputation/Prosthesis Care**
- > **Communication**

ARIZONA MEDICAL TRAINING INSTITUTE

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ARIZONA MEDICAL
TRAINING INSTITUTE

REAL SUCCESS thru ACADEMIC ACHIEVEMENT

Residents of long-term care facilities deserve restorative care. The restorative philosophy of care emphasizes the important benefits of maintaining independence while performing functional activities. To be truly successful, restorative care is a philosophy of care that must be practiced throughout the facility. All disciplines can then work together toward improving and maintaining the function and overall health of residents.

- > Promote Activity, Mobility, and Independence in ADL's.
- > Increase Muscle Strength and Balance
- > Promote Continence
- > Prevent Contractures and Pressure Sores
- > Provide Opportunities for Meaningful Activities
- > Provide a Sense of Accomplishment

> THE RIGHT FACULTY TO TRAIN YOU.



Lora Davis, P.T., DPT, MS, graduated from A.T. Still University with a Master of Science in Physical therapy in 1998 and then a Doctorate in Physical Therapy in 2009. She is currently the Director of Clinical Education for A.T. Still University's Physical Therapy Department and is also one of their instructors. Lora has worked exclusively with geriatric patients in the skilled nursing environment since 1998 where she served as a treating physical therapist, the management of a single rehab department and as the regional rehab director for a number of facilities throughout Arizona. Lora continues to treat geriatric patients on a per diem basis.

In addition to Lora, guest presentations and skill sessions are led by a Licensed Occupational Therapist, Speech Therapist and a Certified Prosthetist/Orthotist to insure students achieve a balanced approach in providing restorative care to their residents.



OUR TRAINING. YOUR POTENTIAL.



In a study funded by MSNBC, they found that the most defining social change taking place in our country today is the "aging of America". The number of people over 65 has grown 10 fold since the turn of the century.



Restorative Nurse Assistants are needed now more than ever. That need will only grow. Your training from AMTI will prepare you to participate in restorative programs as required by your resident's care plan. You can be part of this team. *You can do this!*

> IMPROVING > FUNCTION > AWARENESS

Specific topics encompass gait training, therapeutic exercise, transfer training, range of motion, orthotics and prosthetics, wheelchair seating, restorative dining and functional training. Lastly, included is a discussion of how restorative nursing care plays a vital role in the financial stability of a facility.



Without restorative nursing, he would not have maintained the progress he made in therapy. Restorative nursing worked with him every day and he's maintained a better quality of life.

JEFF NOBLES
OT & RC